

PARENTING THE LOVE & LOGIC WAY®—SOUNDBITES

Notes from Presentation by Charles Fay, PhD in Fort Bend, TX 2019

♥ Failure is not final. “To reach something good it is very useful to have gone astray & thus to have acquired experience.” St. Theresa of Avila 1550-1582

♥ RDD responsibility deficit disorder, “anything a kid can do, a kid should do”

♥ Kids crave the very same limits they fight with us the most

♥ Kids learn to make great decisions about the big important things by making plenty of mistakes about unimportant things (give 2 choices that don't matter to the parents)

♥ Consequence = result, “I was so mad, I thought i'd break a ??, but then I thought...”

♥ Drill Sergeants steal opportunities for learning, as do Helicopter parents. We aspire to be Consultants.

♥ We need struggle to grow, struggle and support. (ex: tree saplings, birds, butterflies)

♥ Kids live up to or down to the expectations we have of them. visual cues, weaning off of parent's voice (ex: “that's a decision you can make”)

♥ Teach children to get up in the morning under their own power (color/light clock, alarm(s))

♥ Anger and frustration feed misbehavior, it “sets in” misbehavior.

♥ “If any person can figure out how to work this out you can.” “If anyone can make a good decision you can.”

♥ When a choice is made, a choice is made. There will be other opportunities to make a different choice.

♥ Every time we use empathy we teach it. Love and Logic is about influence rather than control. The more I can control myself the more influence I have over others.
Being responsible to...rather than responsible for....

♥ The E's of Love and Logic: Example (modeling), Experience (don't warn or remind), Empathy (use few words when things go wrong, save the words for happy times).

♥ Kids will “find your button”, just hope it gets pushed and handle it well. ♥