

PHYLIS R. TOMLINSON
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EDUCATION

<u>University of Houston - Clear Lake</u> Art Therapy	Houston, TX 1990
<u>University of Illinois at Chicago</u> Art Therapy	Chicago, IL 1983 & 1985
<u>University of Houston - University Park</u> M.Ed. – Counseling Psychology Emphasized testing, research, family systems, individual/group therapy, career, and personality.	Houston, TX 1981
<u>Texas Southern University</u> Early Childhood Education Certification	Houston, TX 1976
<u>James Madison University</u> B.S. - Education	Harrisonburg, VA 1965

EXPERIENCE

<u>PRIVATE PRACTICE & CONSULTANT</u> Therapist and Consultation	Houston, TX 1988 to Present
<ul style="list-style-type: none">- Conduct individual, family and group sessions regarding changes in the family, grief/loss, school performance, developmental issues as in adolescence/teens, peer and sibling relations.- Provide training, consultation and experiential workshops to groups	
<u>THE POST OAK SCHOOL</u> Bellaire, TX	
<ul style="list-style-type: none">- Counselor, part-time EC-Middle School- add High School ('12)- Provide counseling support the teachers, students, and parents- Enhance anti-bullying program in upper grades- Parenting Series "Toward Greater Harmony"- Becoming a Love and Logic Parent® 3 series per year, day & evening	12/07-6/16
<u>ROBERT M. BEREN ACADEMY</u> Counselor , part-time: EC -6 th	Houston, TX 10/2001to 6/2007
<ul style="list-style-type: none">- Meet with students and parents individually and in small group setting- Conduct parent education series- Teach teachers positive discipline techniques in classroom- Conduct classroom guidance lessons on social emotional issues of students, using positive discipline (class meeting format)- Coordinate standardized testing, interpret test scores for parents and teachers- Coordinate individual educational testing for student and parents with outside professionals- Consult with administrators regarding social emotional needs of students, parents and teachers- Refer parents and teachers to appropriate community resources	

<u>SPRING BRANCH INDEPENDENT SCHOOL DISTRICT</u> Counselor – <i>Terrace Elementary School</i>	Houston, TX 1999 to 2000
<u>PRESBYTERIAN SCHOOL</u> S.E.E.D. Leader 1998 to 2000 Consulting Counselor 1999 to 2000, 2003 School Counselor 1996 to 1999 -Conduct counseling sessions and provide emotional support for children, parents and teachers; provided referral information to community-based organizations. -Provided parent education in parenting skills, family issues, bereavement, social skills, etc. -Provided teacher training in student guidance and behavioral issues. -Parent-child communication training.	Houston, TX 1996 to 2003
<u>KINKAID SCHOOL</u> Lower School Counselor	Houston, TX 1991 to 1996
<u>ST. JOSEPH HOSPITAL MENTAL HEALTH UNIT</u> Therapist - Performed counseling for individuals and groups for a multitude of issues, including depression, chemical dependency/abuse, etc.	Houston, TX 1990 to 1992
<u>SPRING BRANCH INDEPENDENT SCHOOL DISTRICT</u> Counselor <i>Rummel Creek, Hunters Creek, Woodview and Hollibrook Schools</i>	Houston, TX 1981 to 1991
<u>ST. JOSEPH HOSPITAL</u> Behaviorist - <i>Nutrition Clinic</i> Conducted individual and group educational and counseling sessions regarding eating disorders, behavior modification, impulse control and goal setting.	Houston, TX 1989 to 1992
<u>PSYCHIATRISTS' PRIVATE PRACTICE</u> Tutor/Tester	Houston, TX 1987 to 1988
<u>HOUSTON INDEPENDENT SCHOOL DISTRICT</u> Teacher – <i>Douglass Elementary School</i> Early Childhood (Pre-Kindergarten and Kindergarten)	Houston, TX 1973 to 1981
<u>CEDAR BAYOU DAY SCHOOL</u> Director of Day School - Managed and supervised teachers in educational programs; provided training and staff development. - Performed administrative related functions.	Baytown, TX 1971 to 1973
<u>PUBLIC SCHOOL TEACHER</u> Teacher - Baton Rouge, LA, LaPorte, TX and Fairfax, VA Substitute Teacher - Baytown, TX	Louisiana, Virginia, Texas 1965 to 1971

CONTINUING EDUCATION

Ethics - K. Magee, The Jung Center '17, '18
"Self Nourishment" BJ Jakala, PhD, MFT, Jung Society of Austin, 3 CEU, 3/28/15
"Cuba! Myth, Music and Spirit"- NY Center for Jungian Studies -16 CEU 1/3-10/15
"Enchanting Stories: Use of Fairy Tales to enrich our work in Sandplay and Play Therapy"
6 hours CEU, 10/4/14
Ethics through the Lens of Play - CG Jung Center- 3 CEU, 8/9/14
The Wounded Feminine - CG Jung Center-1.5 CEU, 5/9/14
Texas Sandplay Society Meeting - Dallas, TX 6 CEU, 4/27/13
Member Appreciation Lecture: Understanding Our Moment in History: An Archetypal
Perspective, CG Jung Center, 1.5 CEU, 4/18/14
Endings Anticipated and Unexpected: An Ethics Workshop, 3 CEU, 3/28/14
Certification of Completion Texas Jurisprudence Exam (FY2013) Completed 9/21/13
"Working the Dream that Works You" CG Jung Center, 4.5 CEU, 8/3/13
"Ethics-Freedom Lost-A Life Saved" by K. Magee, 3 CEU, 1/11/1913
"Teacher & Parent Strategies that Make all other Programs Work Better - a Day of Love
and Logic® with Jim Fay - Stafford, TX 12/10/12, 5 hrs. CEU
The Use of Narrative-Based Interventions in Therapy, Family Services, 2 CEU, 4/13/12
Jung on the Hudson, "Dreams That Transform: An Experiential Workshop"
S. Perera & A. Maidenbaum, presenters. Rhinebeck, NY 7/22-23/2011
South Texas Art Therapy Association - Retreat April 1-3, '11 and
"Faster EFT" (Emotional Feelings Therapy") by Jo Lagattuta, LPC-AT, ATR-BC
Methods, Including Play Therapy, of Reaching Persons Affected by Loss, Grief, and
Attachment Disorders, Texas Sandplay Society, Austin, TX 4/5/11
Becoming a Love and Logic Parent® Instructor Training, Love and Logic Institute
Denver, CO 10/7-9, '10
ArtWorkshops in Guatemala, Botanical Drawing with Cynthia Padilla
Organizer: Liza Fourre 7/22-8/1/10
Abstract Acrylic Painting Classes, Margaret Scott Dobbins, Artist
Summers '08, '09, '10
MFA-H Glassell Art History-David Brauer, PhD - Fall semester '07
Creativity Workshop Studios, "Creativity Workshop", Barcelona, Spain 7/07
AIME (American Institute of Medical Education) "Creativity and Madness" Conference,
Santa Fe, NM 7/06
Houston Group Psychotherapy Society Institute 4/2005
New York Center for Jungian Studies, APA Tour
"Cuba! Music, Myth, and Culture" 8/03
University of Illinois @ Chicago, Summer Institute: 2 classes
Child Art Therapy and Adolescent Art Therapy, Lake Geneva, WI, 7/03
"Total Expression," an expressive arts therapies conference with Shaun McNiff
The C.G. Jung Educational Center, Houston, TX 6/00
"Getting the Love You Want," a couples workshop on Imago Relationship Therapy
Rockwall Counseling Center 6/99
Images of Transformation in Sandplay, '99 National Conference, 3/11-14/99
"Sand, Psyche & Symbol: An Intensive Week of Sandplay." 25 C.E. credits
The New York Center for Jungian Studies, Inc. Rhinebeck, NY 7/26-31/98
S.E.E.D. – Seeking Educational Equity & Diversity
Wellesley College Center for Research on Women, Princeton, NJ, 1 week, 8/98
"The Great Round Conference: Mandalas and More" ATMA, 15 hrs., San Diego, CA 5/23-25/97
St. Petersburg University of Pedagogical Arts, sponsored by Florida Atlantic University:
"Counselor-to-Counselor" seminars in St. Petersburg and Moscow, Russia - 1996
Sandplay with Alexander J. Shaia, Ph.D, 7 hours, Lafayette, LA , 1/20/96
Level I and II Experiential Sand Tray Intensive, 24 hours, Gisela deDominico, PhD, Round Oaks
Creative Center, Charlottesville, VA 4/20-23/95

CONSULTANT Bo's Place, Houston, TX '09
Holocaust Museum, Houston, TX, '98
St. Francis Episcopal Day School, Division Heads, Houston, TX, 1997-1998

LICENSES CERTIFICATIONS

Texas Licensed Professional Counselor - LPC #06738
Continuing Education Provider License #1056
Registered Art Therapist, Board Certified – ATR-BC #87-063
Licensed Marriage & Family Therapist - Texas - LMFT #2322-019211
Certified Elementary and Early Childhood Teacher - Texas #227-56-9849

ORGANIZATIONS American Art Therapy Association - Member - AATA
South Texas Art Therapy Association
Past Newsletter Editor, Treasurer – Member - STATA
Houston Area Independent School Counselors, founding member, '91-present
St. Mark's Episcopal Church, Houston, TX, member

HONORS Anti-Defamation League & A World of Difference - Teacher Excellence Finalist - 5/99
Texas Congress of Parents & Teachers – Honorary Life Member – since 4/89

TRAINING SEMINAR LEADER

Parenting the Love and Logic Way® introduction, 1.5-2 hours; 4/18 Post Oak School and
5/18 The Ismaili Jamatkhana and Center
“Lunch and Learn” Intro to Parenting the Love and Logic Way® - Conoco-Phillips
2/18/15
Introduction to Teachers/Parents - Lusher Charter School - New Orleans, LA 1/22-23/15
“Parenting the Love and Logic Way®” Series Fall '13, Winter '14, Fall '14, Winter '15
The Post Oak School & St. Luke's Methodist Church - 6 weeks, evening & day
sessions, 2 x's annually, spring/fall. from 2012 and on going
Spectra Energy, Parent group Lunch & Learn 5 weeks
St. Mark's Episcopal Church-day 6 weeks
Jewish Federation at JCC, 6 weeks, evenings
Art Activities for Therapists - Family Service Center - CEU 3.75 (LMFT) 7.5 (LPC)
1/10/14
“Let's Have Fun Parenting and Help Our Children Learn” Jewish Federation Sponsor
1/14/13
Jewish Federation EC Teachers In-service - presenter - 2 workshops 11/5/12
Parenting the Love and Logic Way® Series - 7 weeks
River Oaks Baptist Church/School fall '12
“A Few Art Techniques for Counselors” 4 hours 8/18/12
“Revelations in Mandalas” STATA members retreat, 2.5 CEU's, U Bar U,
4/2/11
“Becoming a Love and Logic Parent®” 7 Week Series
Xavier Educational Academy - 6 weeks - spring '12
Cornerstone Elementary School 5 weeks - winter '12
BP Working Parents Group -5 weeks-spring '11
Becker Early Childhood Center - 4 week series - winter '11
The Kinkaid School - 7 week series - winter '11
The Post Oak School - 7 week series -winter '11, '12
The Post Oak School - 8 week series - fall '10, '11
St. Mark's Episcopal Church with The Rev. Patrick Miller - 8 week series - fall '10
“Toward Greater Harmony” 4-part parenting series, The Post Oak School '08, '09, '10
Heart of Texas Counseling Association-Workshop “Beginnings in Art Therapy” 9.09

“Discovering Wholeness through Art” 3-part workshop series,
 St. Martin’s Episcopal Church, Houston, ‘09
 TCA Professional Growth Conference, Houston 11/08
 Presenting 2 programs to counseling professionals
 DePelchin Children’s Center, presenter to Mental Health professionals 7/08
 TEA Elementary Counselor Conference Presenter, Galveston 4/08
 Teacher training, “Using Positive Discipline Techniques,” St. Vincent DePaul Catholic
 School: 3 weeks series
 Parent Education Class, Christ Church Cathedral– 2004-2005
 Parent Education Book Study: Mitten Strings for God; 5 week series, Presbyterian
 School, Fall, 2001
 The Harlan-Steph Counseling Conference, Presenter - Art Therapy for Counselors,
 Therapists and Other Helpers - Midwestern State University - Wichita Falls, Texas
 1995 and 1996
 "PG 13" Girls Socialization Skills - Kinkaid Summer School, June 1993
 "Lighten Up!" - A weight management program for staff - 6 week series at Kinkaid
 School, January to February 1992
 "Lighten Up!" II - A stress management program for staff - 5 week program –
 Kinkaid School, April to May 1992
 "Art Therapy in Schools," sponsor – MFA-H, 6/89, 1/90, 6/90
 "Art Therapy - Application in Schools" for Counselors in Alief ISD, 4/90
 “Parenting Skills” Series - 6-12 weeks:
 Presbyterian School and South Main Baptist Church 1997
 Hunters Creek, Rummel Creek and Kinkaid School (twice/year from 1984 to1995)
 The Fay School Fall 1993
 St. Francis Episcopal Church Fall & Spring 1992-93
 Grace Presbyterian Church Fall 1992

PRESENTER / SPEAKER

“Play..Create..Learn..Grow: ART WORKS!” presented to Bay Area Mental Health
 Providers Network, 1.5 hrs. 5/14/19
 “Art Techniques for Relaxation and Self Care” - Directors of Volunteer Associations,
 Houston Area-HAVA, 1 hour, 7/28/16 and 2017
 American Art Therapy Association, 7/16 Baltimore, MD; Co-presenter, “Art Defies
 Symptoms” 1 hr., 7/8/16
 “Art Activities for Therapists”, Family Services of Greater Houston, 3.75 hrs,1/10/14
 “Using the Art Process to Unload, Reload and Create Expressions and Connections”
 Child Welfare Training Collaborative Meeting, 2 hours, 8/21/13
 “Art Activities in Stress Management” Directors of Non-Profits Meeting, 1.5 hr., 8.14.13
 Parenting the Love and Logic Way®” Lunch presentation, 1.5 hours
 Working parents Group, British Petroleum, Houston, TX 7/24/13
 MFA-H in conjunction with War/Photography, Artistic Expressions of Emotional Content
 11/13/12 6:30-8:30 pm
 Non-Profit Organizations Directors Lunch & Meeting - “Art Techniques for Self-
 Reflection” August 2012
 American Foundation for Prevention of Suicide, Board Retreat, Art therapy experiences
 April 2012
 Introduction to Becoming a Love and Logic® Parent, West University Elementary
 Fall ’11, Spring ’12, Spectra Energy Corporation, Lunch and Learn 4/12
 MOPS (Mothers of PreSchool) Spring ’14, January ‘17
 “Creating a Full Plate” Lenten Class, Trinity Episcopal Church, Houston, TX
 3.3&10, 2010
 Catholic Schools of NW Houston, “Communication with Angry Parents” to Teachers &
 Administrators, 2.15.10
 “Through a New Lens: Seeing God’s Light” photography class, Co-Leader 11/09

Trinity Episcopal Church, Houston, TX
Artist in residence for St. Martin's Episcopal Church Retreat, Laity Lodge, Kerrville, TX
1/19-21,'09 and 1/15-17,'10 and 1/14-16, '11
National Youth Leadership Forum, Houston, TX 7/08, 7/09, 7/10, 7/12
Spaulding for Children, Post-Adoption Services, parent/child interactive, '07
DePelchin Children's Center, Post-Adoption Services, parent/child interactive
Encouraging emotional expression, attachment and bonding, '06 and '07
St. Vincent DePaul School, "Successfully Parenting your Middle School Student" 9/06
Family Matters, Presbyterian School, "Making Quality Time for Family" 9/06
Night of Learning, BJE, "Communication Strategies to Enhance Learning" 8/06
ADOPTation – Post Adoption Seminar to parents/children 5/05, 6/06
Yom Limmud 2006 – JFGH "Parenting with Bonds & Bridges" 2/2006
KKHT: Christian Arts and Entertainment Radio – interview re: art therapy - 3/2005
Ascent, Houston Conference for Jewish Women – presenter 2004
The Greater Houston ORT Society - presenter 1999, 2000, 2001
St. Stephens Episcopal Day School, 2 week series for parents of both Elementary &
MS/HS: "How to Talk So Kids Will Listen" and "Parenting with Love & Logic"- 2/2003
Robert M. Beren Academy, PTO co-presenter: "Keeping Your Kids Safe on the Internet"
10/16/02
Bering Drive Church of Christ & Bering United Methodist Church, VBS,
"Healthy Emotional Expression in Families" - 6/2002
South Texas Art Therapy Association, "With a Broad Brush: Mandalas, the Great
Round, MARI Card Test," - 3/2002
St. Francis Episcopal Day School, 8th Grade Retreat, Peer Pressure Reversal Skills, Early
Childhood Parent Education speaker: "When the outside world invades your home" - 1998
and 2000
Holy Spirit Episcopal School, Middle School girls, guidance groups, quarterly - 1998-2000
Duchesne Academy of the Sacred Heart – Lower and Middle School, staff training "Positive
Discipline in the Classroom" - 1999-2000
East Texas Medical Center, Cancer Institute Diversional Therapy: A Source for Healing,
"Healing and Art Therapy" – Tyler, TX - 1998
Southwest Texas State University, Creative Arts Conference, "Mandala" - 1998
American School Counselor Association, National Conference, San Antonio, TX - 1998
Virginia Counselors Association Conference, Richmond, VA "Anger Fear and Loss-Using Art
Materials" - 1997
Student Support Services Staff Development, Fort Bend Independent School District – TX -
1997
Houston Association for the Education of Young Children Annual Conference - 1997
The Great Round Conference – Mandalas & More, San Diego, CA - 1997
The C.G. Jung Educational Center Expressive Arts Conference - "Mandalas" - 1997
Chesterfield School District, Chesterfield, VA: In-service Training to Counselors - 1996
St. Petersburg University of Pedagogical Arts, sponsored by Florida Atlantic University:
"Counselor-to-Counselor" seminars in St. Petersburg and Moscow, Russia - 1996
Spring Branch Independent School District - Houston Independent School District Elementary
and Junior High Schools: Differing Abilities Programs (disability awareness presentations) -
1995 and 1996
First Baptist Church of Wilmington, NC - Family Night - 1996
Belton Independent School District to elementary students, Positive Peer Pressure, Self-Esteem
and Assertive Communication - 1996
Texas Counseling Association - Post Conference Workshops - 1992 and 1993
Southwest Association Episcopal Schools - "Anger in Children" - 1995
Wellness Day for Harris County Employees - "It's Not What You Eat; It's What's Eating You." -
Tracy Gee Recreational Center - Houston - 1995
Independent Schools Association of the Southwest - Conference - "Teacher Responses that Build
Self Esteem and Responsibility" and "Counseling in the Lower School: Getting Started" -
1995
New Brunswick County Schools, NC - "Using Art in Counseling," In-service Training for
School Counselors - 1994

Texas Counseling Association - State Conferences - 1980 to 1996
Kinkaid Alumni Association - Evening of Continuing Education – 1993,'94,'97,'99
Harris County Department of Education Workshop - 1993
Christian Leadership School - Presbyterian Church USA - Houston - 1993
Pasadena ISD School Counselors, TX; Art Therapy for School Counselors - 1993
San Jacinto Junior College - South Houston, Art Therapy - 1992
"Club Ed" of St. Joseph Hospital - "Myers-Briggs Type Inventory," - 1991
Various churches in Houston Area for Adult Groups
Various schools, Public and Private; Houston, Katy, Alief, Pasadena

CONTINUING EDUCATION PROVIDER - LPC

Art Works! Sandtray Workshop 6/07 CEU's for LPC, Social Worker, Bellaire, TX
Art Works! Saturday Series 11/05, 1/06, 2/06, 4/06 CEU's for LPC, Social Work,
Bellaire, TX
Texas Counseling Association Professional Growth Conference presenter 1980 - 1996
Presenter of workshops, various topics for counselors/therapists for CEU credit
1991 - 1999; locations in Bellaire and Galveston, TX; Wrightsville Beach, NC

PUBLICATIONS

“An American-Russian counselor experience confirms the universality of art,”
Counseling TODAY, publication of the American Counseling Association, April 1997
"Love and War at Home," Houston *Tribune*, February 1991
"Fear Can Add Excess Weight," Houston *Woman*, September 1991
"Keeping that Weighty Promise Could Lead to a Lean Healthy Future,"
Houston *Post*, December 1990
"Tell Me about Your Spots" - A counseling lesson, The *School Counselor*
Journal of ACA May 1990

License Cards:



Texas State Board of Examiners
of Professional Counselors

certifies that the person identified below is a

Licensed Professional Counselor
Phylis Tomlinson

License Number 6738

Control Number 369731

Expires 10/31/2021

Phylis Tomlinson
Cardholder Signature

Steve Christopherson, M.S., L.P.C.
Presiding Officer



Texas State Board of Examiners
of Marriage and Family Therapists

certifies that the person identified below is a

Licensed Marriage and Family Therapist
Phylis R. Tomlinson, M.Ed.

License Number 2322

Control Number 74738

Expires 10/31/2021

Phylis R. Tomlinson
Cardholder Signature

Jennifer L. Smith, M.Ed., MFTS, NCS
Presiding Officer

ART THERAPY CREDENTIALS BOARD, INC

ATCB

Phylis Ritchie Tomlinson

ATCB #: 87-063

Expires: 07/01/2022

Recertification: 07/01/2022