phylistomlinson@gmail.com | 713-253-9044

Fall-ish Series 2018

The Post Oak School

4600 Bissonnet, Bellaire 77401

Thursday 9-10:30 a.m.

Sept. 20, 27, Oct. 4, 11, 18, 25

$130 individual, $240 per couple

Workbook (optional) $15

Register directly with Phylis

St. Luke’s United Methodist Church

3471 Westheimer, Houston 77027 Sunday 4:00-5:30 p.m.

Sept. 23, 30, Oct. 7, 14, 21, 28

Childcare provided

$140 individual, $240 couple

Workbook (optional) $15

Register online only for St. Luke’s: [www.stlukesmethodist.org/parenting](http://www.stlukesmethodist.org/parenting)

Kim Davis – 713.402.5044

kdavis@stlukesmethodist.org

As other classes are developed you’ll be the first to know…ask Phylis to add you to the database

**Learn practical skills to use immediately!**

**The classes are fun and full of great teaching stories.**

**Connect with other parents easily.**

Workbooks available at first class from Phylis

A parenting program designed to help parents rear responsible, respectful children who are fun to be around and become productive adults. Provides solutions for families of children from early childhood to beyond adolescence.

Previous participants are encouraged to return to share experiences and reinforce skills. Welcome! Grandparents and other care givers.

All classes are open to the public.

**Learn solutions for:**

* How do I get them out of bed on time?
* How can I stop my children from bickering and fighting?
* How do I get my children to help with the chores without an argument?
* Is there a way to discipline my toddler in public without creating a scene?
* How can I get my teenage daughter to come home at the agreed-upon time?
* How do I get him to stop spitting food or whining at dinner?
* Solutions for many other day-to-day parenting challenges...

**Register:** The Post Oak School

mail check: Phylis Tomlinson  
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[www.phylistomlinson.com](http://www.phylistomlinson.com)

an independent facilitator of Parenting the Love and Logic Way®

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# presented by Phylis R. Tomlinson, LPC, LMFT, ATR-BC

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