

April 20, 2020

I am connecting with you to let you know I hope and pray you are safe and well. Perhaps even having a bit of fun during these times. I sincerely send my hopes and prayers for the well-being and comfort of your family and friends.

I can gratefully say my family and I are well and managing to have some triumphs and laughs together.

I have a few updates and hopefully support for use now and on-going. There's a lot of helpful information available and I hope what is attached will enhance your family time by bringing some insight, laughs and even fond memories.

In joy, Phylis

Parenting the Love and Logic Way®

- www.loveandlogic.com The home page tells it all! A condensed version of the series typically taught in person is **free** until April 30th. After which access is granted for 3 months to those who watched: **Love and Logic Parenting On Line®**
- The workbook is used as a reference. Email or text me if you want to pick up a workbook. (discounted price: \$12.00 via Zelle, PayPal, Venmo, cash/check).
- The Insider's Club remains a **free** resource accessed by signing up on the home page www.loveandlogic.com
- Many DVD's, etc. are greatly reduced now and available on the website. While I don't sell products, many parents and schools have found them helpful resources in their library.

Private Practice Sessions

- **YES!** available via Zoom or in the office (I practice all requirements for sanitizing the space). In the case of children: I'll meet at your car and bring your child to your car after our time together.)

Family Friendly Lagniappe

Attached generously shared by others, not original to me

- "Table Talk" -cut in stripes, place in cup, each person pull a strip which is then the topic for conversation Note: the first few can be used as T/F
- "Charades" - have fun and so many laughs

Reply DELETE if you prefer to be removed from this mailing list.

Table Talk

Place your bread and some butter on the bread plate. Tear off a bite-size piece of bread before buttering.

No licking your fingers; use your napkin.

Cut your food to bite size pieces, don't just stab your food and take bites from the fork

Don't put your knife in your mouth

Don't stretch across the table, ask someone to pass what you need

Don't stuff your mouth full of food.

Use the serving spoon — not your own spoon — to dish from a common bowl.

If someone asks you to pass the bread, hand over the bread basket, not just a single slice.

If the food is too hot, don't blow on it. Wait for it to cool or eat from the edges where its cooler

If the meal is not buffet style, then wait until everyone is served before eating.

Keep elbows (and other body parts!) off the table while eating.

If you need to leave the table, place your napkin to the left of the plate. At the end of the meal, the napkin is placed neatly to the right of the plate (not refolded, but not crumpled either).

Offer to help clear the table.

If you need to remove gristle, bone, or an olive pit from your mouth, then remove it the way it had entered (i.e. fork or fingers), and place it discreetly on your plate.

Sit up and do not hunch over your plate; wrists or forearms can rest on the table, or hands on lap.

Start eating when everyone else does – or when given the OK to start.

Take your cap/hat off at the dinner table

To be a good host: Offer your guests something to eat and drink and never eat something without first serving it to friends.

The outer most utensil is used first. Once used, the utensil does not go back on the table, but is placed on the plate. When finished, the knife and fork are place side by side (parallel) on the plate

with handles at the 3 or 4 o'clock position. Soup spoons are placed on bowl's service plate when finished; teaspoons placed on the saucer.

If you could have one super power, what would it be?

If you could visit anywhere in the world, where would it be?

What is your favorite place you've visited?

Would you rather be rich or smart?

Would you rather have unlimited money or unlimited time?

What is one of your favorite things to do?

Name your favorite dessert/sweet.

Name your favorite sport.

Name your favorite subject/class in school.

Mr. and Mrs. Brown had two sons. One was named Mind Your Own Business & the other was named Trouble. One day the two boys decided to play hide and seek. Trouble hid while Mind Your Own Business counted to one hundred. Mind Your Own Business began looking for his brother behind garbage cans and bushes. Then he started looking in and under cars until a police man approached him and asked, "What are you doing?" "Playing a game," the boy replied. "What is your name?" the officer questioned. "Mind Your Own Business." Furious the policeman inquired, "Are you looking for trouble?!" The boy replied, "Why, yes."

A boy asks his father, "Dad, are bugs good to eat?" "That's disgusting. Don't talk about things like that over dinner," the dad replies. After dinner the father asks, "Now, son, what did you want to ask me?" "Oh, nothing," the boy says. "There was a bug in your soup, but now it's gone."

Q: Why did the witches' team lose the baseball game?

A: Their bats flew away.

Q: Why couldn't the leopard play hide and seek?

A: Because he was always spotted.

Q: What starts with E, ends with E, and has only 1 letter in it?

A: Envelope.

What do the letter T and an island have in common?

They are both found in the middle of water.

I'm the rare case when today comes before yesterday. What am I?

A dictionary

What goes all around the world but stays in the corner?

A stamp

You cannot keep me until you have given me. What am I?

Your word

What gets bigger the more you take away?

A hole

Riddle: What has to be broken before you can use it?

Answer: An egg

Riddle: I'm tall when I'm young, and I'm short when I'm old. What am I?

Answer: A candle

Riddle: What month of the year has 28 days?

Answer: All of them

Riddle: What is full of holes but still holds water?

Answer: A sponge

Riddle: What question can you never answer yes to?

Answer: Are you asleep yet?

Riddle: What is always in front of you but can't be seen?

Answer: The future

Riddle: There's a one-story house in which everything is yellow. Yellow walls, yellow doors, yellow furniture. What color are the stairs?

Answer: There aren't any—it's a one-story house.

Riddle: What can you break, even if you never pick it up or touch it?

Answer: A promise

Riddle: What goes up but never comes down?

Answer: Your age

Riddle: A man who was outside in the rain without an umbrella or hat didn't get a single hair on his head wet. Why?

Answer: He was bald.

Riddle: What gets wet while drying?

Answer: A towel

Riddle: What can you keep after giving to someone?

Answer: Your word

Riddle: You see a boat filled with people, yet there isn't a single person on board. How is that possible?

Answer: All the people on the boat are married.

Riddle: You walk into a room that contains a match, a kerosene lamp, a candle and a fireplace. What would you light first?

Answer: The match

Riddle: A man dies of old age on his 25th birthday. How is this possible?

Answer: He was born on February 29.

Riddle: I have branches, but no fruit, trunk or leaves. What am I?

Answer: A bank

Riddle: What can't talk but will reply when spoken to?

Answer: An echo

Riddle: The more of this there is, the less you see. What is it?

Answer: Darkness

Riddle: David's parents have three sons: Snap, Crackle, and what's the name of the third son?

Answer: David

Riddle: I follow you all the time and copy your every move, but you can't touch me or catch me. What am I?

Answer: Your shadow

Riddle: What has many keys but can't open a single lock?

Answer: A piano

Riddle: What can you hold in your left hand but not in your right?

Answer: Your right elbow

Riddle: What gets bigger when more is taken away?

Answer: A hole

Riddle: I'm light as a feather, yet the strongest person can't hold me for five minutes. What am I?

Answer: Your breath

Riddle: I'm found in socks, scarves & mittens; and often in the paws of playful kittens. What am I?

Answer: Yarn

Riddle: What invention lets you look right through a wall?

Answer: A window

Riddle: If you've got me, you want to share me; if you share me, you haven't kept me. What am I?

Answer: A secret

Riddle: What can't be put in a saucepan?

Answer: It's lid

Riddle: What goes up and down but doesn't move?

Answer: A staircase

Riddle: If you're running in a race and you pass the person in second place, what place are you in?

Answer: Second place

Riddle: It belongs to you, but other people use it more than you do. What is it?

Answer: Your name

Riddle: What has lots of eyes, but can't see?

Answer: A potato

Riddle: What has one eye, but can't see?

Answer: A needle

Riddle: What has many needles, but doesn't sew?

Answer: A Christmas tree

Riddle: What has hands, but can't clap?

Answer: A clock

Riddle: What has legs, but doesn't walk?

Answer: A table

Riddle: What has one head, one foot and four legs?

Answer: A bed

Riddle: What can you catch, but not throw?

Answer: A cold

Riddle: What kind of band never plays music?

Answer: A rubber band

Riddle: What has many teeth, but can't bite?

Answer: A comb

Riddle: What is cut on a table, but is never eaten?

Answer: A deck of cards

Riddle: What has words, but never speaks?

Answer: A book

Riddle: What runs all around a backyard, yet never moves?

Answer: A fence

Riddle: What can travel all around the world without leaving its corner?

Answer: A stamp

Riddle: What has a thumb and four fingers, but is not a hand?

Answer: A glove

Riddle: What has a head and a tail but no body?

Answer: A coin

Riddle: Where does one wall meet the other wall?

Answer: On the corner

Riddle: What building has the most stories?

Answer: The library

Riddle: What tastes better than it smells?

Answer: Your tongue

Riddle: What has 13 hearts, but no other organs?

Answer: A deck of cards

Riddle: It stalks the countryside with ears that can't hear. What is it?

Answer: Corn

Riddle: What kind of coat is best put on wet?

Answer: A coat of paint

Riddle: What has a bottom at the top?

Answer: Your legs

Riddle: What has four wheels and flies?

Answer: A garbage truck

Riddle: I am an odd number. Take away a letter and I become even. What number am I?

Answer: Seven

Riddle: If two's company, and three's a crowd, what are four and five?

Answer: Nine

Riddle: What three numbers, none of which is zero, give the same result whether they're added or multiplied?

Answer: One, two and three

Riddle: Mary has four daughters, and each of her daughters has a brother. How many children does Mary have?

Answer: Five—each daughter has the same brother.

Riddle: Which is heavier: a ton of bricks or a ton of feathers?

Answer: Neither—they both weigh a ton.

Riddle: Three doctors said that Bill was their brother. Bill says he has no brothers. How many brothers does Bill actually have?

Answer: None. He has three sisters.

Riddle: Two fathers and two sons are in a car, yet there are only three people in the car. How?

Answer: They are a grandfather, father and son.

Riddle: The day before yesterday I was 21, and next year I will be 24. When is my birthday?

Answer: December 31; today is January 1.

Riddle: A little girl goes to the store and buys one dozen eggs. As she is going home, all but three break. How many eggs are left unbroken?

Answer: Three

Riddle: A man describes his daughters, saying, "They are all blonde, but two; all brunette but two; and all redheaded but two." How many daughters does he have?

Answer: Three: A blonde, a brunette and a redhead

Riddle: If there are three apples and you take away two, how many apples do you have?

Answer: You have two apples.

Riddle: A girl has as many brothers as sisters, but each brother has only half as many brothers as sisters. How many brothers and sisters are there in the family?

Answer: Four sisters and three brothers

Riddle: What five-letter word becomes shorter when you add two letters to it?

Answer: Short

Riddle: What begins with an “e” and only contains one letter?

Answer: An envelope

Riddle: A word I know, six letters it contains, remove one letter and 12 remains. What is it?

Answer: Dozens

Riddle: What would you find in the middle of Toronto?

Answer: The letter “o”

Riddle: You see me once in June, twice in November and not at all in May. What am I?

Answer: The letter “e”

Riddle: Two in a corner, one in a room, zero in a house, but one in a shelter. What is it?

Answer: The letter “r”

Riddle: I am the beginning of everything, the end of everywhere. I’m the beginning of eternity, the end of time and space. What am I?

Answer: The letter “e”

Riddle: What 4-letter word can be written forward, backward or upside down, and can still be read from left to right?

Answer: NOON

Riddle: Forward I am heavy, but backward I am not. What am I?

Answer: The word “not”

Riddle: What is $\frac{3}{7}$ chicken, $\frac{2}{3}$ cat and $\frac{2}{4}$ goat?

Answer: Chicago

Riddle: I am a word of letters three; add two and fewer there will be. What word am I?

Answer: Few

Riddle: What word of five letters has one left when two are removed?

Answer: Stone

Riddle: What is the end of everything?

Answer: The letter “g”

Riddle: What word is pronounced the same if you take away four of its five letters?

Answer: Queue

Riddle: I am a word that begins with the letter “i.” If you add the letter “a” to me, I become a new word with a different meaning, but that sounds exactly the same. What word am I?

Answer: Isle (add “a” to make “aisle”)

Riddle: What word in the English language does the following: The first two letters signify a male, the first three letters signify a female, the first four letters signify a great, while the entire word signifies a great woman. What is the word?

Answer: Heroine

Riddle: What is so fragile that saying its name breaks it?

Answer: Silence.

Riddle: What can run but never walks, has a mouth but never talks, has a head but never weeps, has a bed but never sleeps?

Answer: A river

Riddle: Speaking of rivers, a man calls his dog from the opposite side of the river. The dog crosses the river without getting wet, and without using a bridge or boat. How?

Answer: The river was frozen.

Riddle: What can fill a room but takes up no space?

Answer: Light

Riddle: If you drop me I’m sure to crack, but give me a smile and I’ll always smile back. What am I?

Answer: A mirror

Riddle: The more you take, the more you leave behind. What are they?

Answer: Footsteps

Riddle: I turn once, what is out will not get in. I turn again, what is in will not get out. What am I?

Answer: A key

Riddle: People make me, save me, change me, raise me. What am I?

Answer: Money

Riddle: What breaks yet never falls, and what falls yet never breaks?

Answer: Day, and night

Riddle: What goes through cities and fields, but never moves?

Answer: A road

Riddle: I am always hungry and will die if not fed, but whatever I touch will soon turn red. What am I?

Answer: Fire

Riddle: The person who makes it has no need of it; the person who buys it has no use for it. The person who uses it can neither see nor feel it. What is it?

Answer: A coffin

Riddle: A man looks at a painting in a museum and says, "Brothers and sisters I have none, but that man's father is my father's son." Who is in the painting?

Answer: The man's son

Riddle: With pointed fangs I sit and wait; with piercing force I crunch out fate; grabbing victims, proclaiming might; physically joining with a single bite. What am I?

Answer: A stapler

Riddle: I have lakes with no water, mountains with no stone & cities with no buildings. What am I?

Answer: A map

Your nose is always in view. Technically you are always looking at your nose but your brain chooses to ignore it.

Over 3% of all beverages consumed on earth are Coca-Cola products.

Honey is the only type of food that does not rot. A jar will remain edible to humans for over 3,000 years.

If the moon is directly overhead, you will weigh slightly less due to the orientation & gravity.

When you sneeze, the particles ejected out of your nostrils are traveling at 100 mph.

The average 4 year old child will ask over 300 questions a day.

The total weight of every single ant on earth exceeds the total weight of every human on the planet.

There is a higher chance of you being elected POTUS than there is of you winning the lottery.

Dr. Seuss wrote Green Eggs & Ham to win a bet against his publisher who said he wouldn't be able to write an entire book using only 50 words.

Because so many people live near the equator, 2/3 of the earth's population has never seen snow in person.

What did one pirate say to the other when he beat him at chess?

Checkmatey!

I burned 2000 calories today. I left my food in the oven too long.

I used to work at a soft drink can crushing company. It was soda pressing.

I wondered why the frisbee kept on getting bigger. Then it hit me.
What is the most groundbreaking invention of all time? The shovel

Did you know... some cats are allergic to people.

The unicorn is the national animal of Scotland.

M&M stands for Mars and Murrie (sons of Mars & Hershey company founders)

About 700 grapes go into one bottle of wine.

A \$1 bill costs 5 cents to make

The Spanish national anthem has no words.

How many US states border the Gulf of Mexico? 5

What Great Lake state has more shoreline than the entire US Atlantic seaboard? Michigan

How many soccer players should each team have on the field at the start of each match? 11

What year was the first model of the iPhone released? 2007

What company owns Bugatti, Lamborghini, Audi, Porsche & Ducati? Volkswagen

How many parts (screws & bolts included) for the average car have? 30,000

3 presidents (John Adams, Thomas Jefferson & James Monroe) died on July 4

There are no muscles in your fingers; their function is controlled by muscles in your palms & arms

It's impossible to hum while holding your nose.

What's inside a Kit Kat? Broken Kit Kats! They get ground up and in between the wafers.

There are over 200 dead bodies of climbers on Mt. Everest because it's so difficult to bring them down.

Koalas have fingerprints

Rolls Royce made the most expensive car in the world (Sweptail - \$13 million; only one was made)

Newborns don't have kneecaps

Your liver can regrow itself in 3 weeks.

Shaq only ever made on 3-pointer

The Twitter bird's official name is Larry (after Larry Bird)

Broccoli, lemon and corn are manmade

Twinkies do NOT last forever. They are less than optimal to eat after about 25 days on a shelf

Vegetables can make you tan (those with high levels of red & yellow pigments)

The dot over a lower case "i" is called a tittle

Cookie Monster's name is Sid

Mr. Clean's first name is Veritably

The Monopoly man is named Milburn Pennybags

Chinese Checkers was invented in Germany

The creator of the Pringles can is buried in one.

Penguins used to be 6 feet tall and weigh 200 pounds

The slinky was created by accident. A naval engineer was trying to create a spring to help stabilize equipment on boats in choppy waters.

At any given moment there are approximately 2,000 thunderstorms happening on earth.

Dolly Parton entered a Dolly Parton lookalike contest and lost!

The lines on the inside of your wrist are called resceta.

It's illegal to sell photos of the Eiffel Tower at night (light show belongs to artist)

1 out of every 2000 babies is born with a tooth.

2 words rhyme with "purple": hirple (to limp awkwardly) & curple (leather strap that secures horse saddle beneath the horse's tail)

The Vatican's ATMs are in Latin

The Twitter bird actually has a name – Larry. The name comes from Larry Bird, who is a famous Hall of Fame basketball player. The species of Larry the Bird still remains a secret!

Octopuses have four pairs of arms. The six of an octopus' tentacles serve as arms, while the other two are their "legs". They use six tentacles just to eat!

The average person walks the equivalent of five times around the world in their lifetime. Assuming the average person lives until they're 80, they will walk about 110,000 miles in their lifetime. The circumference of the equator is 24,900 miles.

According to Genesis 1:20-22 the chicken came before the egg. These Genesis verses state that God created birds – not eggs that would hatch into birds. This includes chickens!

During your lifetime, you will spend around thirty-eight days brushing your teeth.

The Louvre in Paris is so large that it would take 100 days to look at each individual piece for 30 seconds 24/7.

Before 1913, you could legally mail a baby. Mailing children became a common practice in rural America as the price of postage for a child was cheaper than the price of child's train or bus ticket.

Chickens are the closest living relatives to the T-Rex.

Over one quarter of the world's hazelnuts are used to make Nutella.

The directors of the film Despicable Me actually wrote their own language for the Minions called Minionise.

The mayor of the Alaskan town, Talkeetna, is called Stubbs and has been mayor of the town since July 1997. Stubbs is a cat.

Every year in June a bizarre festival takes place in the village of Castrillo de Murcia near Burgos in Spain during which men dress up like the devil and then jump over babies born in the previous twelve months of the year! Known as El Colacho, this strange custom is part of the country-wide Corpus Christi celebrations yet only happens in this small village.

The word 'quarantine' derives from the Venetian dialect of Italian and the words 'quaranta giorni', meaning 'forty days'. This is because when it was discovered that ships were infested with plague-carrying rats they were made to sit at anchor outside Venice's city walls for forty days before coming ashore.

When written down, the word 'almost' is the longest word in the English language to have all of its letters in alphabetical order.

McDonald's once made bubblegum-flavored broccoli

Scotland has 421 words for "snow"

The tallest man ever recorded was American giant Robert Wadlow (1918–1940), who stood 8 feet 11 inches. Wadlow's size was the result of abnormally enlarged pituitary gland.

The oldest person ever to have lived (whose age could be authenticated), a French woman named Jeanne Louise Calment, was 122 years old when she died in 1997.

The original name for the search engine Google was Backrub. It was renamed Google after the googolplex, which is the number one followed by 100 zeros.

There are no muscles in your fingers: Their function is controlled by muscles in your palms and arms.

There is not one letter "q" in any US state name, the only letter in the alphabet to be missing. "J" and "z" are only represented once each, in New Jersey and Arizona.

Flamin' Hot Cheetos were developed by a janitor at Frito-Lay, Richard Montanez, who got the idea after putting chili powder on some reject Cheetos and then pitched it to the CEO. He's now a successful executive and motivational speaker, and a movie is in the works about his life.

Offer Up Your Seat - If you're in perfectly good health, offer your seat to anyone who is either in poor health or pregnant. Make commuting easier for those who need it.

Always RSVP - And do it right away before you forget.

Shake Hands Firmly - And stand and make eye contact when you do it.

Push Your Chair In When You Leave a Table

Ask Before Bringing a Guest - Or your kids. Or your pet. Don't assume they're automatically invited, no matter how well you know your host or hostess.

Let People Get Off the Elevator First Before You Get On

Charades

Applying makeup

Getting dressed/undressed

Applying lotion

Washing hair

Buckling a belt

Buttoning a shirt

Feeding a baby a bottle

Feeding a baby food

Burping a baby

Pushing a baby in a stroller

Changing a diaper

Cutting food with a knife

Opening a can

Putting dishes in the dishwasher

Washing dishes in the sink

Doing laundry

Mopping floors

Sweeping floors

Vacuuming floors

Dusting furniture

Fluffing pillows

Making a bed

Cooking pancakes

Icing a cake

Driving a car

Listening to music

Singing

Typing

Writing

Shopping for groceries

Spray painting

Checking the mail

Painting with a brush

Opening a letter

Watching television

Coughing

Going to the movies

Sneezing

Going on a picnic

Scratching

Opening a present

Mowing the lawn

Going to church/praying

Raking leaves

Going to the gym

Picking flowers

Going to school

Shoveling snow

Going to the hospital/doctor

Watering plants

Doing yoga

Smoking a cigarette

Ballet dancing

Lighting candles

Tap dancing

Blowing out candles

Salsa dancing

Sharpening a pencil

Playing croquet

Playing horseshoes

Playing corn hole

Surfing

Water skiing

Snow skiing

Riding a motorcycle

Playing hacky sack

Playing pool/billiards

Bowling

Fishing

Shooting a bow and arrow

Frozen - MOVIE

Monsters, Inc. - MOVIE

Wreck-It Ralph - MOVIE

Cars - MOVIE

Finding Nemo - MOVIE

Brave - MOVIE

Big Hero 6 - MOVIE

How to Train Your Dragon - MOVIE

Shrek - MOVIE

Wall-E - MOVIE

A Bug's Life - MOVIE

Up - MOVIE

Toy Story - MOVIE

The Incredibles - MOVIE

The Lion King - MOVIE

Aladdin - MOVIE

The Princess and the Frog - MOVIE

The Muppet Movie - MOVIE

Tangled - MOVIE

Maleficent - MOVIE

Inside Out - MOVIE

Snow White and the Seven Dwarfs -
MOVIE

Peter Pan - MOVIE

Lady and the Tramp - MOVIE

The Jungle Book - MOVIE

Sleeping Beauty - MOVIE

Alice in Wonderland - MOVIE

Tarzan - MOVIE

Pocahontas - MOVIE

Mulan - MOVIE

Cinderella - MOVIE

Beauty and the Beast - MOVIE

The Little Mermaid - MOVIE

The Hunchback of Notre Dame - MOVIE

Hercules - MOVIE

Lilo & Stitch - MOVIE

Winnie the Pooh - MOVIE

The Tigger Movie - MOVIE

Dumbo - MOVIE

Bambi - MOVIE

101 Dalmatians - MOVIE

Robin Hood - MOVIE

Pinochio - MOVIE

Rise of the Guardians - MOVIE

Penguins of Madagascar - MOVIE

Kung Fu Panda - MOVIE

Bee Movie - MOVIE

Megamind - MOVIE

Up - MOVIE

Catch-22 - BOOK

Harry Potter - BOOK

The Red and the Black - BOOK

The Hunger Games - BOOK

Nineteen Eighty-Four - BOOK

Frankenstein - BOOK

The Lord of the Rings - BOOK

Little Women - BOOK

The Scarlett Letter - BOOK

The Rainbow - BOOK

Dracula - BOOK

The Woman in White - BOOK

Money - BOOK

The Big Sleep - BOOK